



# January 2012

## West Lake High School Menu



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>2</b>	School Closed	<b>3</b>	Pizza Sticks Served with Marinara Sauce Broccoli with Garlic	<b>4</b>	Spicy Chicken Patty Wrap with Green Beans	<b>5</b>	Pasta with Sausage and Broccoli Garlic Bread Steamed Peas	<b>6</b>	Specialty Pizza Or Mini Sliders Steamed Corn
<b>9</b>	Nachos Seasoned Beef over Tortilla Chips with Cheese and Salsa	<b>10</b>	Pasta with Meat Sauce Or Grilled Cheese and Bacon Mixed Vegetables	<b>11</b>	Popcorn Chicken Buttered Noodles Sautéed Carrots	<b>12</b>	Buffalo Chicken Wrap with Salad Steamed Peas	<b>13</b>	Specialty Pizza Broccoli in Garlic
<b>16</b>	Martin Luther King Jr. Day School Closed	<b>17</b>	Chicken Tenders Honey Mustard Dressing Sweet Potato Fries Green Beans	<b>18</b>	Meatball Parm Hero Tomato salad Steamed Corn	<b>19</b>	Cheeseburger Wraps Or Pizza Bagels Mixed Vegetables	<b>20</b>	Specialty Pizza Or Mini Sliders Steamed Corn
<b>23</b>	Cup of Soup Grilled Cheese with Bacon Sautéed Carrots	<b>24</b>	Mid-terms	<b>25</b>	Mid-terms	<b>26</b>	Mid-terms	<b>27</b>	Mid-terms
<b>30</b>	Nachos Seasoned Beef over Tortilla Chips with Cheese and Salsa	<b>31</b>	Sesame Chicken Steamed Rice Sautéed Broccoli						

### More Info...

**Student lunch**  
\$2.50  
**Adult Lunch**  
\$3.25

**Assorted Stromboli's**  
\$2.50

**Salad Bar**  
(Per ounce)  
**Panini's**  
\$4.75

**Yogurt**  
\$1.50

**French Fries** \$1.75

**Soft Pretzels**  
\$1.00

**Bottled Water**  
\$1.25

**Gatorade**  
\$1.25

**Snapple**  
\$1.25

1% white or 1%  
**Chocolate Milk**  
.60

**Lunch Consists of**  
**Entrée, Fruit,**  
**Vegetable, grain &**  
**Milk**

Menus are subject to  
change without notice.

**If you have a food allergy, please speak to the cook, manager, or your server\*\***

**Any menu ideas or suggestions, please let us know!!!**

